

# PEERS®

## SOCIAL SKILLS GROUP FOR TEENS



**PEERS®** (Program for the Education and Enrichment of Relational Skills) is a 14-week evidence-based social skills intervention for motivated teens in middle and high school (ages 12-18) who are interested in learning ways to help them make and keep friends.

### Is PEERS® right for you?

- high-functioning ASD
- 12-18 years of age
- desire to socialize with others
- appropriate behaviour in a group setting

### At PEERS® you will learn how to:

- use appropriate conversational skills
- find common interests by trading information
- appropriately use humour
- enter and exit conversations between peers
- handle rejection, teasing, and bullying
- handle rumours and gossip
- be a good host during get-togethers
- make phone calls to friends
- choose appropriate friends
- be a good sport
- handle arguments and disagreements
- change a bad reputation

### Where does this program take place?

The PEERS® program for teens is offered virtually via Zoom.

### How much does this program cost ?

The fee for this 14-week program is \$600.

### How to register for PEERS®:

To learn more about the PEERS® program, please email: [hamiltonintake@woodview.ca](mailto:hamiltonintake@woodview.ca)

### What if my child is over 18?

PEERS® for Young Adults may be offered if there is interest. Please email us at [hamiltonintake@woodview.ca](mailto:hamiltonintake@woodview.ca)